

2017-2018

# **GPS** GLENBARD PARENT SERIES

*Navigating Healthy Families*



The Glenbard Parent Series engages top experts, parents and school staff to become proactive and informed in pursuit of the mutual goal to strengthen our communities. Programs are free and open to the public.



# Join other parents, high school and middle school students and professionals to learn about issues facing today's youth.

Our mission is to facilitate real-world parenting skills that enhance our teens' social and emotional development, encourage responsible decision-making, and promote respect-based relationships.

Dr. David Larson,  
Superintendent

Gilda Ross, *Student and  
Community Projects Coordinator*



Levar  
Fisher

Deborah  
Gilboa

Scott Barry  
Kaufman

Jessica  
Lahey

## CALENDAR OF EVENTS

### August 2017

#### Back to School Athlete Night

Parent and Athlete Meetings

**MONDAY, AUG. 14**

Doug Petit

**One Father's Story**

6 p.m., Glenbard North

**MONDAY, AUG. 14**

Levar Fisher

**Peak Performance: Playing with Dignity and Grace**

6 p.m., Glenbard East

**TUESDAY, AUG. 15**

Dr. Greg Dale

**Excellence in Sports Performance: Establishing a Winning Culture**

6 p.m., Glenbard South

6:30 p.m., Glenbard West

#### GPS Community Read

**WEDNESDAY, AUG. 23**

Sonia Nazario, M.A.

**Enrique's Journey: The True Story of a Boy Determined to be Reunited With His Mother**

Students are encouraged to read the Young Adult version of this book.

7 p.m., Glenbard East

#### Connect

glenbardparentseries

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Glenbard Parent Series

Glenbardparents.blogspot.com

### September 2017

**WEDNESDAY, SEPT. 13**

A Day with Deborah Gilboa, M.D.

**Ask Dr. G**

† **How to Teach Resilience to Young Children**

9:30 a.m., Marquardt Administration Center

**Get the Behavior You Want ... Without Being the Parent You Hate**

Noon, Marquardt Administration Center

**Health Expo**

6:15 p.m., Glenbard West

**Start the Year Off Right:**

**Raising Responsible, Resilient and Successful Teens**

7 p.m., Glenbard West

**THURSDAY, SEPT. 21**

Jacy Good

**Hang Up and Drive: The Jacy Good Story**

7 p.m., Glenbard North

**SATURDAY, SEPT. 23**

Frank Palmasani, English presentation

Ercilia Jonas, Spanish presentation

**Conquering the Challenges of College Costs**

10:30 a.m., Glenbard West

### October 2017

**TUESDAY, OCT. 3**

Dr. M. Joann Wright: Linden Oaks Behavioral Health

**Dousing the Flame: Extinguishing Challenging Behaviors and Anxiety**

Noon, CCSD 93 Administrative Center

**MONDAY, OCT. 9**

Pre-meeting Columbus Day Dinner, 6:30 p.m.

\*Dr. Scott Barry Kaufman:

**Intelligence and Creativity Re-examined: The Many Paths to Greatness**

7 p.m., Glenbard South

**SATURDAY, OCT. 14**

Effie Rouse, College Board Director

**The College Admission Test: Tips to Prepare for the New SAT**

FAFSA Completion Assistance

10:30 a.m., Glenbard East

**MONDAY, OCT. 16**

Ryan Goble, M.Ed. and Dr. Pam Goble

**New Ways to Enhance Learning (through Media and Technology): Study Skills and more**

FASFA Completion Assistance

7 p.m., Glenbard North

### November 2017

**WEDNESDAY, NOV. 1**

Liz Repking, Linda Lewaniak LCSW and Teen Panel

**Straight from the Source: Teens Talk Social Media Now**

7 p.m., Glenbard South

**TUESDAY, NOV. 14**

Jessica Lahey, J.D.

**The Gift of Failure: How the Best Parents Learn to Let Go So Their Children Can Succeed**

7 p.m., Glenbard West



Jessica Minahan    Gabor Maté    Chris Herren    Ruha Benjamin    Laura Kastner    Christine VanDeVelde    Sonia Nazario    Lisa Damour    Greg Dale    Eugenia Cheng

**WEDNESDAY, NOV. 15**

Jessica Lahey, J.D.  
***The Gift of Failure: Fostering Intrinsic Motivation and Resilience in Kids***  
 Noon, Marquardt Administrative Center

**THURSDAY, NOV. 30**

Dr. Brenda Nelson  
***Mindfulness and Social Emotional Learning: An Approach for Sailing the Rough Seas of Adolescence***  
 Noon, CCSD93 Administration Center

**December 2017**

**WEDNESDAY, DEC. 6**

Jessica Minahan, M.Ed.  
***Children Who Challenge Us: Effective Behavior Management at Home***  
 7 p.m., Glenbard North

**January 2018**

**TUESDAY, JAN. 16**

Jodi Norgaard, Founder of Dream Big Toy Company  
***Moving Beyond Stereotypes: Empowering Girls and Boys to Develop their Unique Talents***  
 Noon, Marquardt Administrative Center

**WEDNESDAY, JAN. 31**

\*Gabor Maté, M.D.  
***The Myth of Normal: Understanding Anxiety, Depression and Addiction***  
 Noon, Marquardt Administrative Center

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 \* Thought Innovator  
 † For parents of younger children

**WEDNESDAY, JAN. 31**

\*Gabor Maté, M.D.  
***The Myth of Normal: Understanding Anxiety, Depression and Addiction***  
 7 p.m., College of DuPage, McAninch Arts Center

**February 2018**

**WEDNESDAY, FEB. 7**

Dr. Mark Reinecke, Northwestern Medicine  
***Taking Care of Ourselves: Lessons for Managing Stress and Worry***  
 Noon, CCSD93 Administration Center

**WEDNESDAY, FEB. 21**

Chris Herren  
***Unguarded—My Message to Parents: a Conversation with NBA Star Chris Herren***  
 7 p.m., Glenbard East; A community conversation will follow this program.

**March 2018**

**THURSDAY, MARCH 1**

\*Dr. Ruha Benjamin  
***Using Science for Good: Innovation, Inequality, and Imagination in the 21st Century***  
 7 p.m., Glenbard South

**THURSDAY, MARCH 8**

A Day with Dr. Laura Kastner  
 † ***Getting to Calm: Cool-Headed Strategies for Raising Independent 3 to 7 Year Olds***  
 9:30 a.m., Marquardt Administration Center  
***Getting to Calm: Cool-Headed Strategies for Parenting Tweens and Teens***  
 Noon, Marquardt Administration Center

***Calm Parenting for Tough Teen Topics: Healthy Relationships, Substance Use, Media Management and Worry***  
 7 p.m., Glenbard West; A community conversation will follow this program.

**April 2018**

**TUESDAY, APRIL 10**

Journalist Christine VanDeVelde and Robin Mamlet, former Stanford University Director of Admissions  
***From Application to Acceptance Step-by-Step – The College Admission Process***  
 7 p.m., College of DuPage, McAninch Arts Center

**TUESDAY, APRIL 24**

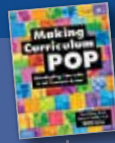
\*Dr. Eugenia Cheng, Concert Pianist/Scientist in Residence at the Art Institute  
***Logically Speaking Math, Music and the Mind***  
 7 p.m., Glenbard South

**May 2018**

**TUESDAY, MAY 1**

Dr. Lisa Damour  
***The Essential Guide to Navigating Adolescence: Untangled—The Seven Stages to Adulthood for Girls and Boys***  
 Noon, Marquardt Administration Center

Dr. Lisa Damour  
***The Essential Guide to Navigating Adolescence: Untangled—The Seven Stages to Adulthood for Girls and Boys***  
 7 p.m., Glenbard West



Jacy Good

Lourdes Ferrer

Ray McElroy

Ferney Ramirez

Frank Palmasani

Pam Goble

Troy Cicero

Liz Repking

Doug Petit

Linda Lewaniak

## Families of African-American Students

*FUSE Families United for Student Excellence  
African-American Parent Group  
Co-sponsored by the DuPage County  
Branch NAACP*

### SATURDAY, SEPT. 16

Troy Cicero  
**Goals Today/Success Tomorrow and  
Academic Recognition Program**  
11:30 a.m., Glenbard North

### THURSDAY, DEC. 7

Dr. Raquel Wilson and Distinguished Panel  
**Find Your Future at College Night**  
6 p.m., Marquardt Administration Center

### SATURDAY, MARCH 17

Ray McElroy  
**The Secrets to High School Victory and  
Leadership Recognition Ceremony**  
11:30 a.m., Glenbard South

## GPS Programs in Spanish

### WEDNESDAY, AUG. 23

Julián Lazalde  
**Latino Policy Forum: Navigating the  
American Education System: An Update  
and the Challenge**  
Back to School Picnic  
6 p.m., Glenbard East Cafeteria

### SATURDAY, SEPT. 23

Ercilia Jonas  
**Conquering the Challenges  
of College Costs**  
10:30 a.m., Glenbard West

### SATURDAY, OCT. 14

Ercilia Jonas  
**The College Admission Process and  
FAFSA Completion Assistance**  
10:30 a.m., Glenbard East

### FRIDAY, NOV. 3

Dr. Lourdes Ferrer  
**Parents in the Driver's Seat Academy**  
7 p.m., Glenbard East

### THURSDAY, JAN. 25

Mariana Proske, M.A.  
**From Use to Abuse: What Parents  
Need to Know**  
7 p.m., Glenbard East

### FRIDAY, FEB. 2

Dr. Lourdes Ferrer  
**Parents in the Driver's Seat Academy**  
7 p.m., Glenbard East

### SATURDAY, FEB. 3

Dr. Lourdes Ferrer  
**Grooming for Excellence Academy**  
SAT Math Review for Students (English)  
11 a.m., Glenbard East

### SATURDAY, APRIL 21

Dr. Ferney Ramirez  
**10 Keys to School Success**  
11:30 a.m., Glenbard East

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*Translation headsets are available upon  
request for all events. Childcare is provided.*

## Program Location Addresses:

- Glenbard North:** 990 Kuhn Road, Carol Stream, IL 60188
- Glenbard South:** 23W200 Butterfield Road, Glen Ellyn, IL 60137
- Glenbard East:** 1014 S. Main St., Lombard, IL 60148
- Glenbard West:** 670 Crescent Blvd., Glen Ellyn, IL 60137
- CCSD District #93 Administration Center:** 230 Covington Drive, Bloomingdale, IL 60108
- College of DuPage, McAninch Arts Center:** 425 Fawell Blvd., Glen Ellyn, IL 60137
- District #15 Marquardt Administration Center:** 1860 Glen Ellyn Road,  
Glendale Heights, IL 60139

**For questions, contact  
Gilda Ross at (630) 469-9100  
or [gilda\\_ross@glenbard.org](mailto:gilda_ross@glenbard.org)**

**Please visit [glenbardgps.org](http://glenbardgps.org) for  
more information about all GPS  
programming, videos, schedule  
updates and parent resources.**



**Glenbard Township  
High School District 87**