

2014-2015

# **GPS GLENBARD** **PARENT SERIES**

*Navigating Healthy Families*



## **MISSION**

To facilitate real-world parenting skills that enhance our teens' social and emotional development, encourage responsible decision-making, and promote respect-based relationships keeping our adolescents safe.

**Trust  
Company**  
OF ILLINOIS



**DuPage Medical Group**  
WE CARE FOR YOU

*Emmy Gaffey*  
FOUNDATION

  
CEBRIN GOODMAN CENTER  
an affiliate of *lillian and larry goodman*  
FOUNDATIONS



**College of DuPage**

# Join other parents and professionals to learn about issues facing today's youth.

High school and middle school parents and students, along with educators are encouraged to attend. Programs are free and open to the public.

**The Glenbard Parent Series** engages top experts, parents, and school staff to become proactive and informed in pursuit of the mutual goal to strengthen our communities.

**Dr. David Larson,**  
Superintendent

**Gilda Ross,** *Student and  
Community Projects Coordinator*



Ishmael  
Beah

Dr. Michael  
Thompson

Dr. Adam  
Cox

## CALENDAR OF EVENTS

**JUST ADDED!**

**November 2014**

**TUESDAY, NOV. 4**

Laurence Steinberg Ph.D.



***Age of Opportunity:  
Lessons From  
The New Science  
of Adolescence***

12:00 pm - 2:00 pm  
at Glenbard South

**February 2015**

**WEDNESDAY, FEB. 4**

Ron Lieber



***How and Why to Talk  
to your Kids about  
Money and Have Real  
Conversations That  
Imprint Good Values***

7:00 pm  
at Glenbard South

### September 2014

**TUESDAY, SEPT. 2**

Peter C. Brown

***Make it Stick:***

***The Science of Successful Learning***

7:00 pm – Glenbard South Auditorium

**TUESDAY, SEPT. 16**

Dr. Michael Thompson

***The Pressured Student:***

***Adolescence is Hard Work***

12:00 pm - 1:30 pm – District #15  
Marquardt Administration Center

***Coming to Grips with Girl***

***Overachievement and (Relative)***

***Boy Underachievement***

3:00 pm - 4:00 pm – Glenbard West Library

***How to Raise Responsible  
and Confident Teens***

7:00 pm – Glenbard South Auditorium

**FRIDAY, SEPT. 26**

Dr. Scott Bellini

***A Systematic Approach to Teaching  
Social Interpersonal Skills to Youth with  
Autism Spectrum Disorders and Other  
Social Difficulties***

12:00 pm - 2:00 pm – CCSD District #93  
Administration Center

### October 2014

**TUESDAY, OCT. 14**

Dr. Adam Cox

***Building the 8 Pillars of  
Capable Young Minds***

8:00 am - 1:30 pm – Glenbard South  
Auditorium (CASE Extended Workshop\*)

Amanda Ripley

***The Smartest Kids in the World:  
What We Can Learn from the Global  
Superpowers in Education***

7:00 pm – Glenbard East Auditorium

**WEDNESDAY, OCT. 15**

Dr. Adam Cox

***The Keys to Motivation and Capability:  
An Organized Approach to  
School Success***

7:00 pm – Glenbard North Auditorium

### November 2014

**WEDNESDAY, NOV. 12**

Steven Prinz, MD and Fatima Ali, MD

***Really Understanding Eating Disorders***  
***Linden Oaks at Edward Hospital***

12:00 pm - 2:00 pm – CCSD District #93  
Administration Center

**WEDNESDAY, NOV. 19**

Dr. Katie Davis

***The App Generation:  
How Today's Youth Navigate Identity,  
Imagination and Intimacy in a Digital World***

12:00 pm - 2:00 pm – District #15  
Marquardt Administration Center and  
7:00 pm – Glenbard West Auditorium

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PARENT SERIES**

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*For more information, please contact:*

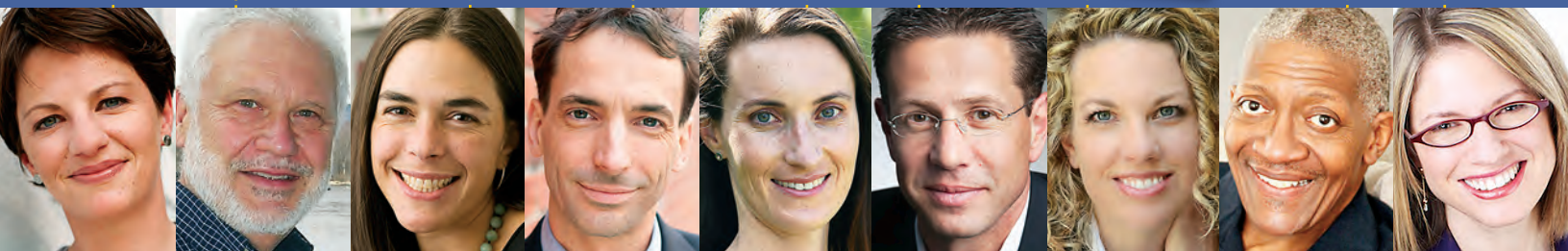
**Gilda Ross**

(630) 469-9100 • [gilda\\_ross@glenbard.org](mailto:gilda_ross@glenbard.org)

**[glenbardgps.org](http://glenbardgps.org)**

CPDUs available for education professionals.





Amanda Ripley      Peter C. Brown      Dr. Sian Beilock      Paul Tough      Dr. Katie Davis      Dr. J. Stuart Ablon      Dr. Tina Payne Bryson      Milton Creagh      Dr. Robyn Silverman

## December 2014

**THURSDAY, DEC. 4**

Dr. Sian Beilock

### **CHOKe:**

**Performance in School – Attitudes, Anxieties and Motivation**

8:00 am - 1:30 pm – Glenbard South Auditorium (CASE Extended Workshop\*)

### **CHOKe:**

**Dealing with Stress, Tests, and Academic Pressures**

7:00 pm – Glenbard South Auditorium

## January 2015

**WEDNESDAY, JAN. 21**

Paul Tough

### **Beyond Smart:**

**How Grit, Curiosity and Character Help Kids Succeed and Thrive**

7:00 pm – College of DuPage McAninch Arts Center (MAC)

**THURSDAY, JAN. 29**

Dr. Alan Graham

### **Positive Psychology and ADHD:**

**Focusing on What is Right with People**

12:00 pm - 2:00 pm – CCSD District #93 Administration Center

## February 2015

**THURSDAY, FEB. 19**

Mark Sterner

### **A Powerful Lesson:**

**Living With the Consequences**

7:00 pm – Glenbard North Auditorium  
*Live Life Well Week Speaker*

**THURSDAY, FEB. 26**

Dr. J. Stuart Ablon

**Collaborative Problem Solving to Resolve Conflict**

7:00 pm – Glenbard West Auditorium

**FRIDAY, FEB. 27**

Dr. J. Stuart Ablon

**Rethinking Challenging Kids: Collaborative Problem Solving**

8:00 am - 1:30 pm – Glenbard South Auditorium (CASE Extended Workshop\*)

## March 2015

**WEDNESDAY, MARCH 11**

Dr. Tina Payne Bryson

### **Parenting with the Brain in Mind:**

**10 Brain-Based Strategies for Nurturing Our Teens' Emotional Health**

7:00 pm – College of DuPage McAninch Arts Center (MAC)

**THURSDAY, MARCH 12**

Dr. Tina Payne Bryson

**The Power of the Teenage Brain: Using Brain Science to Nurture Academic and Emotional Health**

12:00 pm - 2:00 pm – District #15 Marquardt Administration Center

## April 2015

**TUESDAY, APRIL 14**

Milton Creagh, Judge C. Stride, Detective Bruce Talbot (Ret.)

**Parents, Teens, Parties and the Law – Emerging Trends in the Teen Party Scene**

7:00 pm – Glenbard East Auditorium

**THURSDAY, APRIL 16**

Dr. Jason Washburn

### **Depression:**

**Recognizing the High School Blues**

*Alexian Brothers Behavioral Health Hospital*

12:00 pm - 2:00 pm – Glenbard South Auditorium

## May 2015

**THURSDAY, MAY 7**

Dr. Robyn Silverman

### **Helping Girls Thrive:**

**Developing Skills for a Healthy, Balanced and Successful Life**

12:00 pm - 2:00 pm – CCSD District #93 Administration Center

**How to Instill Goals, Values and Motivation in Stress Filled Times**

6:15 pm – Wellness Expo

7:00 pm – Speaker Presentation, Glenbard South Auditorium



**April 2015**

**WEDS., APR. 8**

Frank Bruni

**Where You Go Is Not Who You'll Be: An**

*Antidote to the College Admissions Mania*

7:00 pm - 9:00 pm at Glenbard West



**May 2015**

**MON., MAY 11**

Brigid Schulte

**Overwhelmed:**

*How To Work, Love*

*And Play When No One Has The Time*

12:00 pm - 2:00 pm – District #15 Marquardt Administration Center



Mark Sterner

Stephen Garlington

Dr. Lourdes Ferrer

Frank Palmasani

Ted Gonder

Ray McElroy

## GPS Programs in Spanish

Academia De Liderazgo:  
Student-Parent Leadership Academy

*In this academy series, Dr. Lourdes Ferrer emphasizes reaching and demonstrating proficiency in reading, writing and mathematics and will include hands-on learning activities and projects.*

**WEDNESDAY, SEPT. 3**

**WEDNESDAY, OCT. 1**

**WEDNESDAY, NOV. 12**

**WEDNESDAY, DEC. 3**

Students: 5:00 pm - 6:30 pm

Parents: 6:30 pm - 8:00 pm

Glenbard East Library

## African American Parent Committee

F.U.S.E. (African American Families United for Students' Excellence)

*Co-sponsored by the DuPage County Branch NAACP*

**TUESDAY, AUG. 26**

Ray McElroy (Former Chicago Bear and Glenbard East parent) and Kelly Hass

*The Secrets to High School Victory*

7:00 pm – Glenbard West Library

**WEDNESDAY, DEC. 10**

Greg Baker and Dr. Raquel Wilson

*Parent Partnerships for Lifelong Success and Holiday Gathering*

7:00 pm – Glenbard North Faculty Cafeteria

**SATURDAY, MARCH 14**

Stephen Garlington, LCSW

*Mindsets for Student Achievement*

11:30 am - 1:30 pm – Glenbard South Library

## Saturday Series

All are welcome to attend this Saturday series of meetings.

Norma Vega-Rodriguez will present in Spanish. Translation headsets are available for all GPS programs upon request. Free continental breakfast and childcare is provided.

**SATURDAY, SEPT. 27**

Frank Palmasani, School Counselor and Former Director of Admissions

*Conquering the Challenges of College Costs*

10:30 am - 12:00 pm – Glenbard South

**SATURDAY, OCT. 25**

Scott Lilly, Chris Lubiniecki, Tim McGrath

*The College Application Process and Web-Based College Research Tool – Naviance*

10:30 am - 12:00 pm – Glenbard West

**SATURDAY, FEB. 7**

John Healy, Assistant Principal of Instruction

*FAFSA Financial Aid Completion Workshop for Seniors*

(Bring Necessary Forms)

*Study Skills Workshop, Resources and ACT Test Tips for Freshmen, Sophomores, and Juniors*

10:30 am - 1:00 pm – Glenbard East

**SATURDAY, MARCH 7**

Ted Gonder

*Building the Skills for a Lifetime of Financial Well-being:*

*Planning for the Future, Financial Literacy and More*

10:30 am - 12:00 pm – Glenbard North

## Program Location Addresses

**Glenbard North:** 990 Kuhn Rd., Carol Stream, IL 60188

**Glenbard South:** 23W200 Butterfield Rd., Glen Ellyn, IL 60137

**Glenbard East:** 1014 S. Main St., Lombard, IL 60148

**Glenbard West:** 670 Crescent Blvd., Glen Ellyn, IL 60137

**CCSD District #93 Administration Center:** 230 Covington Dr., Bloomingdale, IL 60108

**College of DuPage McAninch Arts Center:** 425 Fawell Blvd., Glen Ellyn, IL 60137

**District #15 Marquardt Administration Center:** 1860 Glen Ellyn Rd., Glendale Heights, IL 60139

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*Please visit [glenbardgps.org](http://glenbardgps.org) for more information about all GPS programming, schedule updates and parent resources.*



**Glenbard Township High School District 87**