

**Columbus Day Parent Event:**

**Monday, October 10, 2016 / 7 pm / Glenbard South High School**  
**23W200 Butterfield Rd / Glen Ellyn**

*Monday  
Glenbard  
South*

**MOTIVATING TEENS**

**David Yeager Ph.D.**



Has your student ever asked "Why do I need to learn this?" In this GPS session, psychologist David Yeager will focus on what drives students. How do students' beliefs about their academic abilities and learning potential affect their learning and what are the key strategies to best help them persevere in the face of challenges. When students learn that their academic ability is not a fixed trait, like eye color, but instead is like a muscle that can grow, they do better in school. Yeager's research tests the effects of psychological interventions on teens outcomes, such as academic achievement, grit, self-control, and bullying.

David Yeager PhD is a highly regarded professor in the department of psychology at the University of Texas at Austin and a graduate of Stanford (C. Dweck was his mentor) and the University of Notre Dame. He recently led a significant national summit on mindset interventions on adolescent behavior at the White House.

**ADOLESCENT BRAIN:  
PRACTICAL STRATEGIES  
FOR NAVIGATING THE  
ANXIETIES, MOODS, AND  
EMOTIONS OF YOUNG PEOPLE**



**Steven Feifer D.Ed.**

This workshop will explore specific strategies to help students who struggle with mood disorders, emotional dysregulation, anxiety, and depression. After all, if students are not in an emotional readiness position to learn, then they will be unsuccessful at school. Parenting strategies, and numerous treatment options will be explored.

Dr. Feifer is an internationally renowned speaker and consultant in the field of learning disabilities, and has authored six books on learning and emotional disorders in children. He has also authored two tests on diagnosing learning disabilities in children and has won recognition for his work as a school psychologist, and professor of neuropsychology.

***All participants are invited to please join us for a Columbus Day free pre-event dinner  
at 6:30 pm in the auditorium foyer of Glenbard South.***

***CPUs are available.***



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