

Linda Lewaniak and Liz Repking



STRAIGHT FROM THE SOURCE: TEEN PANEL ON LIVING IN THE DIGITAL AGE

Wednesday, November 1, 2017 / Glenbard South
23W300 Butterfield Rd. / Glen Ellyn / 7 pm



Parenting our children in the digital age can be a challenge. But what challenges do our children face as they grow up in this tech obsessed world? How do they stay connected and not use to excess or engage in risky behavior? Let's ask them and hear our teens' thoughts and feelings. Repking of Cyber Safety Consulting will moderate a panel discussion with a cross section of high school students. Lewaniak, a clinician at an Eating Recovery Center, will examine the implications of social media on our teens' communication skills, empathy, anxiety, and moods. Join us and learn how to parent today's teen with greater understanding and compassion.

These free programs are open to the public. CPDUs are available.

