

# GPS GLENBARD PARENT SERIES

*Navigating Healthy Families*

Thursday



Adriana Carpio, Renz Center

## Madre e Hija: Un evento especial para nosotras/Mother Daughter: A very special time for us

Thu, Mar 8 @ 7:00 pm - 8:30 pm | Free

**Jueves, el 8 de Marzo 8 Glenbard West 7 pm**

**Madre e Hija: Un evento especial para nosotras.**

Que aprenderemos en este evento?

Tomar decisiones saludables en nuestras relaciones. Comunicacion y apoyo familiar.

Para las mamás: Comprender a nuestras en todos los aspectos de la vida durante esta etapa.

Para las hijas: Comprender las decisiones de las mamás y sus diferentes puntos de vista.

Mejorar la comunicacion entre madres e hijas.

Pasar un tiempo divertido.

*Este evento está dirigido a las hijas de secundaria y sus madres, los estudiantes entrantes de secundaria / octavo grado también son bienvenidos.*

**March 8 Glenbard West 7pm**

**Mother Daughter: A very special time for us.**

Goals are: Make healthy choices about relationships, communication and family support.

Mothers: Understanding daughters in all aspects of their life.

Daughters: A better understanding about Mother's points of view.

How to have fun with each other.

Improve channels of communication.

*This event is geared toward high school aged daughters and their mothers, incoming high school/8th graders welcome as well.*



*These free programs are open to the public. CPDUs are available.*

[Read more...](#)



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