



Two day special event with

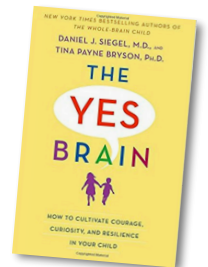
Dr. Tina Payne Bryson

THE YES BRAIN: THE SUCCESS BRAIN

7 p.m. Tuesday, September 25, 2018

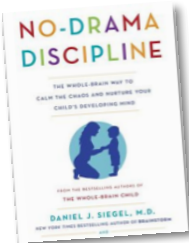
When facing challenges, unpleasant tasks, and issues such as homework, and screen-time limits, teens often act out or shut down, responding with negativity instead of receptivity. Using warmth and humor, international psychotherapist and best-selling author Dr Tina Payne Bryson is here with inspiring, practical brain based tips to cultivate positive thinking, and desirable characteristics such as independence, insight, curiosity, and empathy. Learn skills to connect and guide children to a "yes brain" mindset, to move from negative emotions like stress and disappointment. Here is insight into how kids' (and our own) brains work to help kids deal with everyday struggles, balance emotions, make good choices and enjoy better relationships on the path to a successful and rewarding life.

Glenbard South High School 23W200 Butterfield Rd, Glen Ellyn, IL 60137



NO DRAMA DISCIPLINE/THE WHOLE BRAIN CHILD/EARLY CHILDHOOD EVENT (Children 3-10 years of age.)

9:30 a.m. Wednesday, September 26, 2018



Your preschooler throws a tantrum in the middle of a store or refuses to get dressed. Your fifth-grader sulks on the bench instead of playing on the field. It's their developing brain calling the shots! Using stories and humor Bryson demystifies the meltdowns and aggravation, to explain in a clear and practical way the new science of how a child's brain is wired and how it matures. Turn outbursts, and arguments into opportunities to integrate a child's brain and foster vital growth.

Marquardt Administration Center. 1860 Glen Ellyn Road, Glendale Heights, IL 60139

THE YES BRAIN: THE SUCCESS BRAIN

12 p.m. Wednesday, September 26, 2018

This program is a repeat of the 7 p.m program on September 25.

Marquardt Administration Center. 1860 Glen Ellyn Road, Glendale Heights, IL 60139

These programs are free and open to the public. CPDUs are available.

