

Navigating Healthy Families

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February

12



A day with Katherine Reynolds Lewis

WHY KIDS WON'T DO WHAT YOU WANT

7 p.m. Tuesday, February 12, 2019 Glenbard West 670 Crescent Blvd., Glen Ellyn, IL 60137



Yelling can be harmful and timeouts/ grounding may not improve behavior. Teens and children seem to have lost the ability to regulate their behavior and emotions. Our time-honored methods of punishments and rewards haven't taught discipline - they've undermined it. Drawing on the latest research on play, technology, and failure, Katherine Reynolds will share a new model of discipline for a new generation and outline a fresh theory to address the root causes of misbehavior. Join us and learn how we can help young people teens grow their independence, foster mental health and develop the motivation to behave well. Parents will learn to respond to their kids' misbehavior instead of reacting to it so that they get the results

they want -children who are self-disciplined, confident, and better equipped to handle life's challenges.

Journalist Katherine Reynolds Lewis spent years investigating this crisis: observing families, meeting educators who are transforming the school experience for kids with attention and mood disorders, studying psychological research, and looking introspectively at her own parenting habits.

EARLY CHILDHOOD EVENT:

THE GOOD NEWS ABOUT BAD BEHAVIOR

9:30 a.m. Tuesday, February 12, 2019

Marquardt Administration Center. 1860 Glen Ellyn Road, Glendale Heights, IL 60139

For this presentation Reynolds will address her remarks to parents and caregivers of our youngest children, 3-10 years of age.

These free programs are open to the public. CPDUs are available.



















