



Art Markman, PhD

THE BRAIN SCIENCE AND PROBLEM SOLVING STRATEGIES TO ENHANCE MOTIVATION AND MANAGE STRESS

7 p.m. Wednesday, April 17, 2019

Glenbard South 23W200 Butterfield Rd., Glen Ellyn, IL 60137

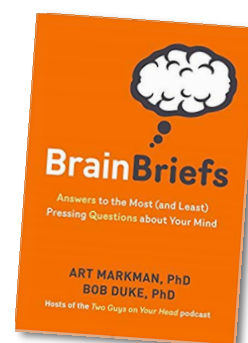


Are smart people born smart? Why do some people thrive under stress while others succumb to the pressure?

Drawing on diverse studies of the mind, from psychology to linguistics, philosophy, and learning science, Art Markman, Ph.D., will join us to instill new behaviors that foster positive habits to succeed in school and in life.

Dr. Markman will examine some of the core aspects of effective problem solving which students can develop to improve their motivation, performance and well being. Much about students future is determined by their ability to succeed on high-stakes testing that has become the norm in schools today. The aim is to develop strategies that work for both high-stakes tests, and for effective thinking in general. Here is science served up in a fun and useful way.

Art Markman, PhD is the Founding Director of the Program in the Human Dimensions of Organizations at the University of Texas at Austin. He has written over 150 papers on topics including reasoning, decision making, motivation and executive education. Dr. Markman brings insights from cognitive science to a broader audience through his blogs at *Psychology Today* and *Fast Company* as well as his radio show and podcast *Two Guys on Your Head*. He is the author of several best selling books including *Smart Thinking*, *Smart Change*, and *Brain Briefs*. Dr. Markman will address members of the Glenbard teaching staff during the day as part of D87 Fest.



These free programs are open to the public. CPDUs are available.

