

## Dr. Jess Shatkin

# Born to be



BORN

### Why Teens Take Risks and How We Can Keep Them Safe

Many things cause parents to worry. Texting while driving, bullying, binge-drinking, and sexual activity are among the issues affecting young people. Dr. Shatkin joins us to explain the dangerous choices teens can make and offers advice for parents.

### Noon, Wednesday, November 13

Marquardt Administration Center 1860 Glen Ellyn Road in Glendale Heights

#### 7:00 p.m. Wednesday, November 13

Glenbard North Auditorium 990 Kuhn Road in Carol Stream

**A Free Health Expo begins at 6:15** and a *Community Conversation* with Glenbard clinicians will follow the evening program.

Shatkin shares **new insights** to decode the adolescent brain and steer ages 12 to 26 away from risky behavior.

AUTION

#### Shatkin Early Childhood Program!

PARENTING YOUNG CHILDREN TO THRIVE 7 p.m. Tuesday, Nov. 12 Glen Ellyn Public Library

glenbardparentseries GlenbardParentSeries glenbardgps.org Glenbard Parent Series is generously supported by the Cebrin Goodman Center, Community Consolidated School District 93 Birth to Five Community Coalition, Cooperative Association for Special Education (CASE), College of DuPage, DuPage Medical Group, Emmy Gaffey Foundation, Glenbard Early Childhood Collaborative, Holiday Inn Carol Stream and the Prevention Leadership Team of the DuPage County Health Department. GPS programs are FREE and open to all